

Sarah's... an Oasis for Women

January 1, 2023 -
December 31, 2023



2023 Year End Report

**Cheryl Behrent,
Sarah's Director**

Reflections in Gratitude

As we begin a new year, Sarah's staff and residents reflect on all of the accomplishments and achievements made in the past year, and our reflections are steeped in gratitude for all the significant contributions of time, talent, and resources.

Sarah's welcomed new residents, as well as said goodbye to others who moved on and found permanent secure housing. Many other women are making strides in their own and family cases for asylum after a long arduous process and wait, while others still living at Sarah's are working toward affordable housing programs and to buy their own homes.

Sarah's Scholarship Fund continues strong in its second year. The fund was able to aid in the finances of books, tuition, and registration fees, enabling students to focus on their studies without the financial burden weighing on their minds. With the success of the fund again this year, we hope to raise more funds for next year's scholarship fund to help even more residents in the pursuit of their education.

While our residents are empowered in their progress towards establishing a sustainable life beyond Sarah's, these achievements wouldn't be possible without the support of our donors. As we look forward to the coming year, we begin to gather funds that make these accomplishments possible. If you're interested in donating to Sarah's, visit our [donation page](#).

"One day at a time. One lesson at a time. One woman at a time."



"May peace-making prevail on Earth today!"

Stories of Sarah's Victorious Women



Find stories of Sarah's victorious women on our
blog at <https://www.sarahsoasis.org/blog>

Find more stories on Sarah's YouTube
channel: [Sarah's YouTube Channel](#)

*"You come to Sarah's in
order to leave."*

*"You are a good woman.
You can do it!"*

*"Sarah's will always be
your home."*

How to Help

[Sarah's Wishlist](#)

Make a difference
by purchasing a
specific item
needed at Sarah's!

[Donate a Labyrinth Paver](#)

Honor a Sarah's
enthusiast with an
inscribed paver, to
be placed in the
legacy labyrinth on-
site.

[Start a Birthday Fundraiser on Facebook](#)

Collect donations
for Sarah's from
your friends and
family!

Sarah's Impact Statement

Sarah's provides a home and community for 30 women in transition who come to Minnesota from all over the world having faced layers of significant trauma in their home country, on their journey, and once they arrived in the US facing obstacles that make them particularly vulnerable to homelessness, unemployment, and lack of opportunity. Sarah's provides a trauma-informed/culturally humble home and program with self-empowering guidance and connections to resources and support to help Sarah's graduates get on their feet and establish themselves in and give back to society.

Original program participants:

- Work on all of the Road Map goals
- Grow resilience to trauma
- Build community connections outside of Sarah's
- Learn to manage their money once they have an income
- Learn to speak English if it's not their native language
- Address significant health issues related to their trauma experience
- Build a life so that they can move on within 3 years not needing Sarah's again

Typical Age Range: 20-65
Median Age: 42

2023

Original Program

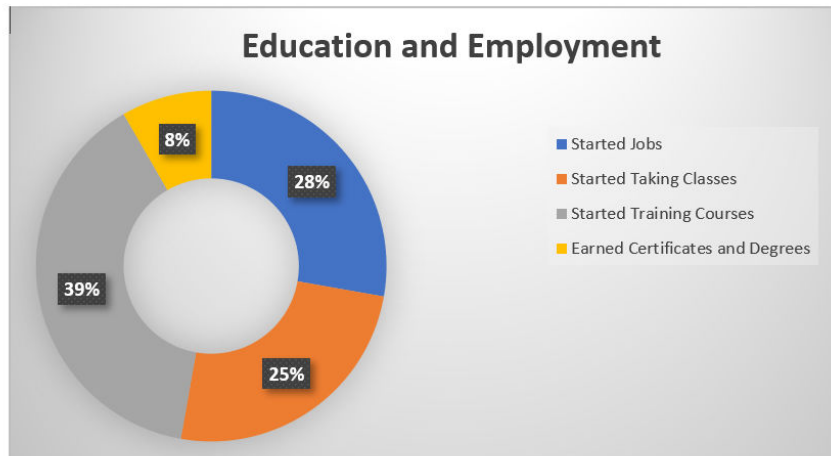
~ 19 participants
~Typical length of stay is 3 years.

Extension Program

~ 7 participants
~Typical length of participation is 6-24 months.

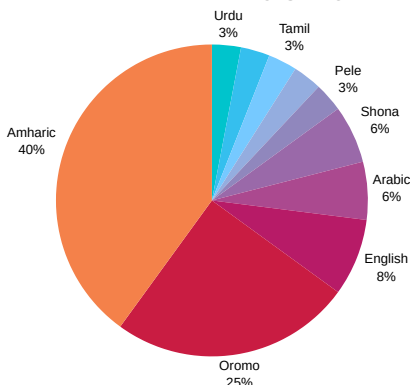
Moving On

~ 7 residents moved on
~ As the individual and family (if applicable) become settled, a home visit or several is conducted to support a healthy, sustainable transition.



Historical # of Yearly Participants : 33-45
2023 # of Participants: 33

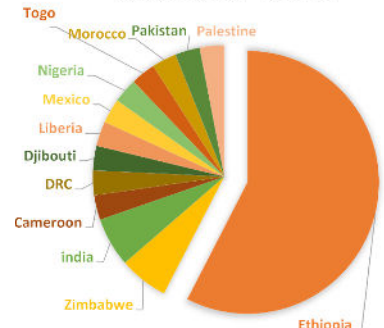
NATIVE LANGUAGE



Extension Program participants:

- Finish degrees
- Complete family reunification
- Obtain permanent housing
- Build a rental history in a lease-similar program
- Pay a financial contribution at a rate similar to single room occupancy

COUNTRY OF ORIGIN



Sarah's... an Oasis for Women is a home dedicated to the safety and dignity of a diverse community of women who have survived violence, abuse, torture, war, discrimination, and trauma. The residents of Sarah's begin new and productive lives through programs that build self-esteem, self-sufficiency, confidence, determination, and community. Sarah's connects its residents to social services, education opportunities, job preparedness training, and necessary medical care. Women come to Sarah's through referrals from outside organizations.

Sarah's was founded by the Sisters of St. Joseph of Carondelet (CSJ), St. Paul Province, and opened its doors in 1996. Sarah's is funded by the CSJs, the Sisters of St. Joseph Ministries Foundation, and many community collaborators.

