

Bio-Debra Barone Sheats, MPH, RDN, LD, FAND

St. Kate's Affiliation

- 1975 Dietetics alumna, and Professor Emerita of Foods and Nutrition at St. Catherine University.
- Full-time St. Kate's faculty member for 20 years, teaching numerous food and nutrition courses and teaching in the CORE Curriculum- both The Reflective Woman (TRW) and Global Search for Justice (GSJ).
- Retired from full-time teaching in 2019 but continues to teach part-time in the CORE Curriculum both TRW and GSJ.
- Invited presenter on campus for both student and faculty/staff workshops and is an invited media speaker on food and nutrition topics in the Twin Cities.
- Has several publications and regularly presents at the Academy of Nutrition and Dietetics Annual Conference and Exhibition.

St. Kate's/CSJ Food Access Hub

- Active with the St. Kate's/CSJ Food Access Hub (FAH) since it began 9 years ago.
- Serves as the FAH Registered Dietitian/Nutritionist (RDN), doing inventory and ordering of food and personal care items from local food banks, as well as scheduling and supervising volunteers on Food Shelf days, and Food Shelf Delivery days. M
- Meets with students at the Health and Wellness Clinic as the RDN on campus.

CSJ Consociate

- Became a CSJ Consociate in 2019, and has been actively involved in the CSJ Justice Commission, serving as Chair for 2 years, and serving on the Homes and Hearts Working Group.
- Has been a Consociate Contact Team Mentor for 3 years.
- Appointed to serve on the CSJ Chapter Meeting Planning Committee in 2025
- Currently serves on the CSJ Nonprofit Exploration Group.

Professional Organizations

- Active member of several national, state and local professional organizations.
- Recently recognized as a 50-year member of the Minnesota Academy of Nutrition and Dietetics (MAND).
- Has held numerous roles in MAND over the years including President (Vice-President and Past-President) and was Chair of the MAND Foundation Board for 2 years.
- Served as Minnesota Delegate, to the Academy of Nutrition and Dietetics, House of Delegates, 2017-2020, and 2022-2023.

- Served as a Program Reviewer/Site Visitor for Dietetic Education Programs, as part of the Accreditation Council for Education in Nutrition and Dietetics (ACEND) from 1995-2004.
- Appointed by Governor Mark Dayton to serve on the Minnesota Board of Dietetics and Nutrition Practice Licensing Board from 2011-2020 and served as Board Chair from 2014- 2020.

Honors and Awards

- Received several awards including being the 2017 Recipient, of the Outstanding Dietetic Educator of the Year- Didactic Program in Dietetics category for Area 2 (IA, MN, MI, MO, NE, ND, SD, WI); Nutrition and Dietetic Educators and Preceptors (NDEP) of the Academy of Nutrition and Dietetics.
- Recipient of the Medallion Award, of the Minnesota Academy of Nutrition and Dietetics (the highest award for outstanding professional leadership and service in the state dietetic association), the Most Valuable Player Award of the Minnesota Academy of Nutrition and Dietetics- Twin Cities, and the Recognized Young Dietitian of the Year Award, of the Minnesota Academy of Nutrition and Dietetics (recognizes outstanding professional leadership and service for registered dietitians under 30 years of age).

Personal Information

- Lives in St. Paul with her husband of 47 years, Bill, and they have 3 adult children who live in the Twin Cities Metro Area.
- Active member of the St. Kate's Our Lady of Victory Chapel Sunday Mass Community serving as a Lector and Eucharistic Minister.
- Enjoys cooking, baking, reading, and traveling.